

Stroke Care Protocol

	Qty	Dosage	Role & Notes
Anti-Inflammatory			
Hormetic Cap - ePad	8	Hours	Reduces the tendency for cerebral inflammation.
Detoxification			
Alkoxyglycerols	2	Grams daily	Facilitate detoxification for a wide range of toxins
Liposomal Glutathione	1	Tsp/day	Deliver cellular glutathione for detox.
Oxyoil	3	ml/day	Selenium and sulfur to aid cellular mobilization of toxins
Lipid Potassium	2	ml/day	Provide potassium to aid depleted cellular reserves.
Antioxidant			
Mega Hydrate	2	Capsules Daily	
Myers Cocktail	1	Bottle every 3 rd day, or 1/3 bottle per day	Methylation cofactors for neuro support.
Neural Support			
Phosphatidylserine	300	mg/day	Lipid substrate for neural regeneration
Phospholipids - EPL	1	Tbsp at Breakfast. Except with Myer's cocktail.	Support acetylcholine production and drive active lipid detoxification and protect from neurological damage. Provides choline, a neurotransmitter substrate
Himalaya Mind Care			Neural Performance Cofactors
Stemplex	3	Capsules/day	Facilitate neural regrowth
Blood Flow Support			
Vasquzyme	1	Gram	Reduces the tendency for cerebral inflammation.
Zeta Crystals			Minimize sugar based food supply that feeds bacteria. Eating program minimizes: insulin, Glucose, mannose. Avoid Chitobiose, N-Acetylglucosamine
Energetic Support			
Oxygen Multistep Therapy			Helps restore deep tissue oxygen availability
PEMF	30+	Minutes/day	Helps restore cellular energetic & supports mitochondrial performance Metabolic protocol. Start with 5 minutes total and work up.
ePad Sleeping Pad	1	Sleeping Mat in Bed	<ul style="list-style-type: none"> • Disrupts blood pathogen life cycle; • Improves systemic zeta potential • Inhibits opportunistic fungus and yeast overgrowths • Active within blood/brain barrier • Long-term support

Vascular Integrity Protocol

Use this protocol if there is evidence of vascular failure that could lead to aneurysm.

	Qty	Dosage	Role & Notes
Vascular Integrity			
Vitamin C		In Myers Cocktail	Reduces the tendency for cerebral inflammation.
Niacinamide		In Myers Cocktail	Lipid substrate for neural regeneration
Lysine	6	Grams daily	Facilitate detoxification for a wide range of toxins
Proline	6	Grams Daily	Support acetylcholine production and drive active lipid detoxification and protect from neurological damage. Provides choline, a neurotransmitter substrate

